

Recommendations after implant insertion

First days and weeks after implant insertion are crucial for the whole process of healing when the mechanical connection with the bone by screwing changes into biological osseointegration. It happens within 2-4 weeks after the treatment. It is very important to protect the patient against inflammation of soft tissues and bones, which can disrupt the process.

In order to avoid such situation you should follow the recommendations below:

1. Immediately after the procedure make a cold compress on the face for 3-4 hours.
2. If pain occurs, your dentist will prescribe appropriate medications.
3. You can drink, or eat only after full sensation in the anesthetized area is back.
4. In the first days after the surgery avoid hot foods and liquids.
5. For the first two days after surgery speak as little as possible.
6. For the first two days after surgery do not smoke, and do not drink alcohol.
7. Avoid all efforts, do not bend, do not lift weights, do not play sports.
8. Do not use the sauna and solarium.
9. After each meal rinse your mouth with lukewarm, boiled water.
10. 3-4 times a day, apply lotion such as Corsodyl, Eludril, Dentosept.
11. Regularly clean the remaining teeth, but bypass the implant area.
12. During the first weeks while brushing your teeth, avoid the area that was operated.
We recommend the use of liquid antibacterial mouthwash. Thereafter, in order to clean the area around the wound you may use the toothbrushes with special soft bristles.
13. Do not manipulate your tongue in the implant area
14. Do not train hard, and do not go to the swimming pool for two weeks after the treatment.

The whole healing process takes from 2-6 months.

After 7-10 days after the treatment the patient has to come to remove the stitches.